



# IDTS

International Dance  
Teaching Standards

## Graduation Package Dance Teacher Certification **Developing Teacher**

*Mail completed package to*

**Graduation Applications  
International Dance Teaching Standards  
45170 Redwood Ave  
Chilliwack, BC, Canada  
V2R 1W2**

### **Graduation Requirements**

- complete a practical placement of 25 hours as lead instructor**
- complete 3 lesson plans (use these to plan your lessons)**
- complete 3 supervisor reviews (an experienced teacher watches you teach for an hour)**
- complete 3 self reflections (reflect on how your teaching went)**
- complete three choreography projects (choreograph a solo, a duo/trio and a group)**

### **How to submit your Choreography Project:**

**Choreograph a Solo AND a Duo/Trio of any kind. Choreograph a Group of any kind**

**Upload all three video files to YouTube (keep setting private/unlisted for privacy if desired) and email the links to the IDTS Office at [danceteachingstandards@gmail.com](mailto:danceteachingstandards@gmail.com)**

### **In the subject line of the email**

**FIRST NAME - LAST NAME- Developing Teacher Choreography Projects**

**Then paste all three links in the SAME email.**



## Practical Hours Form – Developing Teacher

**\*\*Required for Graduation\*\***

### Developing Teacher Certification

**25 hours of Practical Teaching application after course completion**

Module 1 – Standard Dance Teacher Certification  
20 hours of Practical Teaching application after course completion

Module 2 – Standard Advanced Dance Teacher Certification  
30 hours of Practical Teaching application after course completion

Module 3 – Advanced Dance Teacher Certification  
No Practical Hours Required

Candidate Name: \_\_\_\_\_

Candidate Address: \_\_\_\_\_

City: \_\_\_\_\_ Province/State: \_\_\_\_\_

Postal/Zip Code: \_\_\_\_\_

Country: \_\_\_\_\_

Email: \_\_\_\_\_

**Candidate Reflection:** On reflection of your teaching practice what discoveries did you make during your practical application hours?

---

---

---

---

---

**To be completed by the Supervisor of the Program Candidate:**

**Supervisor Name:** \_\_\_\_\_

**Contact Email:** \_\_\_\_\_ **Contact Phone #:** \_\_\_\_\_

**\*\*I have observed the above candidate in a teaching capacity and can verify they have completed 25 hours towards their developing teacher practicum.**

Please provide any additional notes for the candidates' academic records

---

---

---

---

---

I \_\_\_\_\_ (print supervisors name) authorize that \_\_\_\_\_ (print candidates name) has completed the practical application hours required by his/her program level respectively.

**Supervisor Signature:** \_\_\_\_\_



# IDTS

International Dance  
Teaching Standards

Lesson Prepared By: \_\_\_\_\_

Target Age/Level: \_\_\_\_\_

Day/Time of Class: \_\_\_\_\_

\*Give copy of lesson plan to supervisor at time of review

## Lesson Plan 1 of 3

Lesson Feature and Main Ideas	Key Phases	Time
	Attendance	
	Warm Up	
	Cool Down/ Conclusion	

Teacher Notes:



# IDTS

International Dance  
Teaching Standards

Lesson Prepared By: \_\_\_\_\_

Target Age/Level: \_\_\_\_\_

Day/Time of Class: \_\_\_\_\_

\*Give copy of lesson plan to supervisor at time of review

### Lesson Plan 2 of 3

<b>Lesson Feature and Main Ideas</b>	<b>Key Phases</b>	<b>Time</b>
	<b>Attendance</b>	
	<b>Warm Up</b>	
	<b>Cool Down/ Conclusion</b>	

**Teacher Notes:**



# Final Lesson Plan

Full Name: \_\_\_\_\_

Date of lesson: \_\_\_\_\_

Class age and style: \_\_\_\_\_

## Developing Teacher – Lesson Plan 3 of 3

### Notes on Warm Up:

<b>Across the Floor Content</b>	<small>Content to teach in station format</small> <b>Station One</b>	<b>Station Two</b>
	<b>Station Three</b>	<b>Station Four</b>
<b>Questions to ask dancers:</b> <small>Identify what is the most important content or concept in this lesson then examine key questions to ask to check for retention</small>	<b>Item to teach with indirect teaching methodology: Ie, present a concept and allow students to explore on their own and make their own discoveries, avoid over correcting or directing their discoveries.</b>	

**Teacher Notes:**



# Self Reflection on Lesson

Developing teacher: Lesson 1 of 3

Teacher Name: \_\_\_\_\_

Date of Lesson: \_\_\_\_\_

<p>How many types of Feedback did I use in this Lesson?</p>	<p>Check all that apply:  <input type="checkbox"/> Verbal Feedback   <input type="checkbox"/> Peer Feedback   <input type="checkbox"/> Self Analysis   <input type="checkbox"/> Demonstrator  <input type="checkbox"/> Video Feedback   <input type="checkbox"/> Bandwidth Feedback   <input type="checkbox"/> Questioning</p>
<p>Was I aware of my body positioning at all times? Was I always positioned in the most effective location for the delivery of the lesson?</p>	<p>Reflections on teacher positioning:</p>
<p>How many brand new skills did I teach today? If I didn't teach anything new – why?</p>	<p>Reflections on delivering new material/content:</p>
<p>Were there any behavioral issues in this class and did I deal with them in my best possible manner – or will I try and adjust my behavioral management for next time?</p>	<p>Reflections on behavior student management:</p>
<p><b>Final Conclusions:</b></p>	
<p>What about this lesson went really well?</p>	<p>Reflections on Learning/Teaching Styles: Did I engage all of the various learning styles? Did I change my teaching methodology to suit the various dancers?</p>
<p>What are the main areas of focus for future improvement?</p>	<p>Reflections on Progressions: Did I properly develop progressions showing dancers where steps came from and where they are going next? Did I built content to make it progressively harder?</p>



## Self Reflection on Lesson

Developing Teacher: Lesson 2 of 3

Teacher Name: \_\_\_\_\_

Date of Lesson: \_\_\_\_\_

<p>How many types of Feedback did I use in this Lesson?</p>	<p>Check all that apply:  <input type="checkbox"/> Verbal Feedback   <input type="checkbox"/> Peer Feedback   <input type="checkbox"/> Self Analysis   <input type="checkbox"/> Demonstrator  <input type="checkbox"/> Video Feedback   <input type="checkbox"/> Bandwidth Feedback   <input type="checkbox"/> Questioning</p>
<p>Was I aware of my body positioning at all times? Was I always positioned in the most effective location for the delivery of the lesson?</p>	<p>Reflections on teacher positioning:</p>
<p>How many brand new skills did I teach today? If I didn't teach anything new – why?</p>	<p>Reflections on delivering new material/content:</p>
<p>Were there any behavioral issues in this class and did I deal with them in my best possible manner – or will I try and adjust my behavioral management for next time?</p>	<p>Reflections on behavior student management:</p>
<p><b>Final Conclusions:</b></p>	
<p>What about this lesson went really well?</p>	<p><b>Reflections on Learning/Teaching Styles:</b> Did I engage all of the various learning styles? Did I change my teaching methodology to suit the various dancers?</p>
<p>What are the main areas of focus for future improvement?</p>	<p><b>Reflections on Progressions:</b> Did I properly develop progressions showing dancers where steps came from and where they are going next? Did I build content to make it progressively harder?</p>



## **Final Self Reflection on Lesson**

Developing teacher: Lesson 3 of 3

Teacher Name: \_\_\_\_\_

Date of Lesson: \_\_\_\_\_

**Please reflect on your final lesson in detail.  
Be sure to include what went really well and what your goals are for next class.**





**Teacher:** \_\_\_\_\_

**Date of lesson:** \_\_\_\_\_

**Class age and style:** \_\_\_\_\_

**Supervisor Name:** \_\_\_\_\_

**Email:** \_\_\_\_\_

I have 10yrs of teaching experience

**Supervisor Signature:** \_\_\_\_\_

**Supervisor Review 1 of 3 - Developing Teacher**

<p>This document(s) is required for graduation. Give to the teacher for their package -or- <b>Mail to:</b>          IDTS Graduation Applications          Unit 2- 45170 Redwood Ave          Chilliwack, BC, V2R 1W2</p>	<p>A Supervisor is anyone with <b>10 years of teaching experience</b>. The supervisor <b>does not</b> need to be IDTS Certified. The supervisor can be a schoolteacher. The supervisor will watch a 1-hour class (minimum 30 minutes if teaching primary) and provide notes and collaborate with the teacher afterwards. The teacher will provide the supervisor with a lesson plan for this lesson. This is meant to be a constructive and positive experience to help the teacher become the best they can be.</p>
--	--

**Notes: To be completed by Supervisor only**

<p><b>Organization:</b>          Was the teacher prepared and organized? Did the teacher have all necessary supplies? Was the music age appropriate? Did the class structure make sense?</p>	
<p><b>Classroom Management:</b>          Was class time used effectively? Was there maximum participation? How frequently/long did students wait in lines? Did the teacher address behavior problems adequately? Where there clear goals of the lesson?</p>	
<p><b>Communication Skills:</b>          Did the teacher communicate messages clearly? Did the teacher check for clarity? Did the teacher point out key details of skills? Did the teacher explain the purpose of activities? Did the teacher exude confidence in their speech?</p>	
<p><b>Teaching Strategies:</b>          Did the teacher use a variety of teaching strategies in order to account for various types of learners? Did the instructor implement teaching strategies such as whole-part-whole skill breakdown, and questioning style feedback? Was the purpose of each drill clear? Were the progressions clear? Was the class appropriate for the students?</p>	
<p><b>Knowledge of Material:</b>          Was the teacher knowledgeable in the subject material? Was the teacher able to answer questions? Did the teacher sequence steps in a logical order?</p>	
<p><b>Safety Concerns:</b>          Did the teacher perform a safety and injury check?          Was the teacher always positioned where she could see all of the students? Were safety issues addressed in the introduction of new skills? Did the teacher give adequate water breaks?</p>	
<p><b>Personality, Enthusiasm:</b>          Was the teacher pleasant and personable with the students?          Did the teacher have a good rapport with the students?          Was the teacher enthusiastic? Did the students have fun? Was the teacher interactive with the students?</p>	
<p><b>Final Conclusions:</b></p>	
<p><b>What about this lesson went really well?</b></p>	

**Final Notes:**



**Teacher:** \_\_\_\_\_

**Date of lesson:** \_\_\_\_\_

**Class age and style:** \_\_\_\_\_

**Supervisor Name:** \_\_\_\_\_

**Email:** \_\_\_\_\_

I have 10yrs of teaching experience

**Supervisor Signature:** \_\_\_\_\_

**Supervisor Review 2 of 3 - Developing Teacher**

<p>This document(s) is required for graduation. Give to the teacher for their package -or- <b>Mail to:</b>          IDTS Graduation Applications          Unit 2- 45170 Redwood Ave          Chilliwack, BC, V2R 1W2</p>	<p>A Supervisor is anyone with <b>10 years of teaching experience</b>. The supervisor <b>does not</b> need to be IDTS Certified. The supervisor can be a schoolteacher. The supervisor will watch a 1-hour class (minimum 30 minutes if teaching primary) and provide notes and collaborate with the teacher afterwards. The teacher will provide the supervisor with a lesson plan for this lesson. This is meant to be a constructive and positive experience to help the teacher become the best they can be.</p>
--	--

<b>Organization:</b>	
Was the teacher prepared and organized? Did the teacher have all necessary supplies? Was the music age appropriate? Did the class structure make sense?	
<b>Classroom Management:</b>	
Was class time used effectively? Was there maximum participation? How frequently/long did students wait in lines? Did the teacher address behavior problems adequately? Where there clear goals of the lesson?	
<b>Communication Skills:</b>	
Did the teacher communicate messages clearly? Did the teacher check for clarity? Did the teacher point out key details of skills? Did the teacher explain the purpose of activities? Did the teacher exude confidence in their speech?	
<b>Teaching Strategies:</b>	
Did the teacher use a variety of teaching strategies in order to account for various types of learners? Did the instructor implement teaching strategies such as whole-part-whole skill breakdown, and questioning style feedback? Was the purpose of each drill clear? Were the progressions clear? Was the class appropriate for the students?	
<b>Knowledge of Material:</b>	
Was the teacher knowledgeable in the subject material? Was the teacher able to answer questions? Did the teacher sequence steps in a logical order?	
<b>Safety Concerns:</b>	
Did the teacher perform a safety and injury check? Was the teacher always positioned where she could see all of the students? Were safety issues addressed in the introduction of new skills? Did the teacher give adequate water breaks?	
<b>Personality, Enthusiasm:</b>	
Was the teacher pleasant and personable with the students? Did the teacher have a good rapport with the students? Was the teacher enthusiastic? Did the students have fun? Was the teacher interactive with the students?	
<b>Final Conclusions:</b>	
<b>What about this lesson went really well?</b>	



**Supervisor Review 3 of 3**  
**Final Practicum Review**  
*Developing Teacher*

**Teacher:** \_\_\_\_\_

**Date of lesson:** \_\_\_\_\_

**Class age and style:** \_\_\_\_\_

**Supervisor Name:** \_\_\_\_\_

**Email:** \_\_\_\_\_

I have 10yrs of teaching experience

**Supervisor Signature:** \_\_\_\_\_

**What about this class went really well?**

**What are some ideas for this teacher to try/explore?**



## Character Reference

The Purpose of a Character Reference is to identify persons suited to be in positions of leadership and have authority over children. The character reference must be completed by someone in a designated leadership-controlled profession.

Name of Teacher: \_\_\_\_\_ Name of Reference: \_\_\_\_\_

Address: \_\_\_\_\_ Email Address: \_\_\_\_\_

\_\_\_\_\_ Phone Number: \_\_\_\_\_

### **\*\*To be completed by Character Reference Provider ONLY\*\***

How long have you known the teacher candidate? \_\_\_\_\_

What position of leadership are you in?  Teacher  Police Officer  Doctor  Nurse  Firefighter  Other

In what position/relationship do you have with the candidate? \_\_\_\_\_

To the best of your knowledge, does the candidate have a criminal record?  Yes  No

**Please explain why you believe the above teacher candidate has the character qualities to be a person in the position of authority over minors:**

---

---

---

---

---

**Do you see any reason why the above candidate should NOT be allowed to work with children?**

---

---

**Describe a situation in which you have observed the above teacher candidate interact with children:**

---

---

---

---

I \_\_\_\_\_ (print character reference name) believe that \_\_\_\_\_ (candidate's name) is fit to be a dance instructor working with children in a position of authority.

Signature: \_\_\_\_\_

Today's Date: \_\_\_\_\_