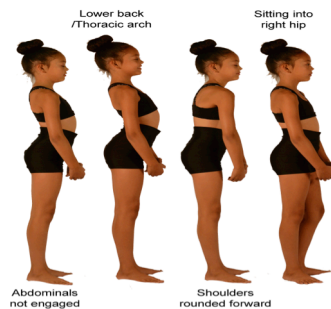


Posture Assessment Form

Dancer: _____

Age at Assessment: _____

Date of Assessment: _____



Body Segment	Natural Deviations and Observations (Ie, forward, back, rounded, hyperextended, uneven, restricted, etc)
Head	
Shoulders	
Cervical Spine (neck)	
Thoracic Spine (mid back)	
Lumbar Spine (lower back)	
Hip/Pelvis: Sacrum/Coccyx	
Elbow & Arms	
Knee & Legs	
Feet & Foot Arch	

Additional Notes: